



Crawley Ridge Infant School
Subject Specific Overview- PSHE
We follow the Coram Life Scarf Programme.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
Nursery	<p>-Marvellous me! -I'm special -People who are special to me</p> <p><i>In this unit pupils will understand that friends are special and our behaviours can affect other people. Pupils will identify 2 strategies to resolve a conflict with a friend or family member. Pupils will recognise that in order to show respect, you treat people kindly and use good manners.</i></p>	<p>-Me and my friends -Friends and family -Including everyone</p> <p><i>In this unit pupils will understand that there are different types of families. Pupils will know that disability, race, religion or belief and marriage/civil partnership are protected characteristics and rules and laws are there to keep us safe.</i></p>	<p>-People who help me and keep me safe -Safety Indoors and Outdoors -What's safe to go into my body</p> <p><i>In this unit pupils will identify how to be a good friend and know the impact of hurtful behaviour. Pupils will understand that bullying is hurtful behaviour and is unacceptable in any situation. Pupils will identify who we can trust and talk to if a situation makes us feel uncomfortable or unsafe. Pupils recognise that personal or private information should</i></p>	<p>-Looking after myself -Looking after others -Looking after my - environment</p> <p><i>In this unit pupils recognise that all humans have rights and responsibilities. Pupils will define the term volunteer. Pupils will understand the difference between fact and opinion Pupils identify 3 ways to help the environment (recycle, switch lights off, walk to school) To know the terms income, saving and spending. To know 3 items/ services that need to be paid for (electricity, food, furniture) To understand that people earn money by doing a job. To know that the amount people get paid depends upon experience,</i></p>	<p>-What does my body need? -I can keep trying -I can do it!</p> <p><i>In this unit pupils understand that we are all unique and have valuable contributions to make. Pupils recognise that it is important to keep physically and mentally healthy. Pupils identify what is needed in a balanced diet- carbohydrates, protein, fruit and vegetables Pupils understand that washing hands can stop germs spreading</i></p>	<p>-Growing and changing in nature -When I was a baby -Girls, boys and families</p> <p><i>In this unit pupils understand that your body belongs to you. Pupils recognise that some parts of our body are private and should not be seen or touched without permission Pupils know the difference between appropriate and inappropriate touch Pupils know the importance of keeping our body clean.</i></p>



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			<i>never be shared with people online. Pupils understand that only websites recommended by trusted adults should be used.</i>	<i>qualifications and responsibilities</i>		<i>Pupils know that you should talk to a trusted adult if something or someone makes you feel uncomfortable.</i>
Reception	<ul style="list-style-type: none"> -All about me -What makes me special -Me and my special people -Who can help me? -My feelings -My feelings (2) <p><i>To know that we can tell how someone is feeling by looking at their face and body language</i></p> <p><i>To know that trust, respect, kindness and fairness make a good relationship</i></p>	<ul style="list-style-type: none"> -I'm special, you're special -Same and different -Same and different families -Same and different homes -I am caring -I am a friend <p><i>To know that we all belong to different communities: school, faith and clubs</i></p> <p><i>To know that we are all unique as we have different ideas and opinions</i></p>	<ul style="list-style-type: none"> -What's safe to go onto my body -Keeping Myself Safe - What's safe to go into my body (including medicines) -Safe indoors and outdoors -Listening to my feelings -Keeping safe online -People who help to keep me safe <p><i>To know the terms 'danger', 'risk' and 'hazard' and the difference between them.</i></p> <p><i>To know which situations are either dangerous, risky or hazardous and</i></p>	<ul style="list-style-type: none"> -Looking after my special people -Looking after my friends -Being helpful at home and caring for our classroom -Caring for our world -Looking after money (1): recognising, spending, using -Looking after money (2): saving money and keeping it safe <p><i>To know that humans have rights and responsibilities.</i></p> <p><i>To know that everyone can make a difference by applying a democratic process.</i></p> <p><i>To know the meaning of income tax, National Insurance and VAT.</i></p> <p><i>To know the meaning of income and expenditure</i></p>	<ul style="list-style-type: none"> -Bouncing back when things go wrong -Yes, I can! -Healthy eating -My healthy mind -Move your body -A good night's sleep <p><i>To know that we are unique.</i></p> <p><i>To know we can make the same decisions as friends but it is also fine to choose differently.</i></p> <p><i>To know that living more sustainably incorporates recycling, repairing, reducing and is better for the environment.</i></p>	<ul style="list-style-type: none"> -Seasons -Life stages - plants, animals, humans -Life Stages: Human life stage - who will I be? -Where do babies come from? -Getting bigger -Me and my body - girls and boys <p><i>To know that circumstantial changes happen to people in their lives and these can be positive or sometime challenging.</i></p> <p><i>To know that periods are a</i></p>



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	<p><i>To know that we have different types of relationships with different people</i></p> <p><i>To know that bullying can take different forms: verbal, physical, emotional and cyber</i></p>	<p><i>To know that everyone is different; people have different backgrounds, faiths, genders and sexual orientations</i></p> <p><i>To know that you should talk to an adult you trust if you are being bullied or worried about someone else being bullied.</i></p>	<p><i>strategies to manage them.</i></p> <p><i>To know that smoking and drinking alcohol for a young person's body.</i></p> <p><i>To know the meanings of positive influence and negative influence.</i></p>		<p><i>To know what is meant by the word community.</i></p>	<p><i>normal part of puberty for girls.</i></p> <p><i>To know parts of the body that males and females have in common and those that are different.</i></p> <p><i>To know the terms secret and surprise and the difference between a safe and unsafe secret.</i></p> <p><i>To know that you should talk to an adult you trust if a secret makes you feel uncomfortable or unsafe.</i></p>
Year 1	<ul style="list-style-type: none"> -Why we have classroom rules -How are you listening? -Thinking about feelings -Our feelings -Feelings and bodies -Good friends 	<ul style="list-style-type: none"> -Same or different? -Unkind, tease or bully? -Harold's school rules -It's not fair! -Who are our special people? -Our special people balloons 	<ul style="list-style-type: none"> -Super sleep -Who can help? (1) -Good or bad touches? -Sharing pictures -What could Harold do? -Harold loses Geoffrey 	<ul style="list-style-type: none"> -Harold has a bad day -Around and about the school -Taking care of something -Harold's money -How should we look after our money? -Basic first aid <p><i>To define the differences between responsibilities, rights and duties</i></p>	<ul style="list-style-type: none"> -I can eat a rainbow -Eat well -Harold's wash and brush up -Catch it! Bin it! Kill it! -Harold learns to ride his bike -Pass on the praise! 	<ul style="list-style-type: none"> -Healthy me -Then and now -Taking care of a baby -Who can help? (2) -Surprises and secrets -Keeping privates private <p><i>To know what kinds of touch are</i></p>



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	<p><i>To know about friendship qualities, including compromise, and explain why they are important</i></p> <p><i>To know ways to show how to stand up for myself (be assertive)</i></p> <p><i>To know when they might need to use assertiveness skills</i></p>	<p><i>To define some key qualities of friendship.</i></p> <p><i>To define discrimination</i></p> <p><i>To name the benefits of living in a diverse society</i></p> <p><i>To name the difference between sex, gender identity, gender expression and sexual orientation</i></p>	<p><i>To know why and how a habit can be hard to change.</i></p> <p><i>To know how to weigh up risk factors when making a decision.</i></p> <p><i>To know that all medicines are drugs but not all drugs are medicines</i></p>	<p><i>To know what a voluntary group does</i></p> <p><i>To define the terms loan, credit, debt and interest</i></p>	<p>-Inside my wonderful body! (OPTIONAL)</p> <p><i>To know two harmful effects each of smoking and drinking alcohol.</i></p> <p><i>To know the importance of food, water and oxygen, sleep and exercise for the human body and its health</i></p> <p><i>To state what is meant by community</i></p>	<p><i>acceptable or unacceptable.</i></p> <p><i>To know the correct words for the external sexual organs</i></p> <p><i>To know what menstruation is and why it happens</i></p> <p><i>To know the difference between a safe and an unsafe secret</i></p>
Year 2	<p>-Our ideal classroom (1)</p> <p>-Our ideal classroom (2) (OPTIONAL)</p> <p>-How are you feeling today?</p> <p>-Let's all be happy!</p> <p>-Being a good friend</p>	<p>-What makes us who we are?</p> <p>-My special people</p> <p>-How do we make others feel?</p> <p>-When someone is feeling left out</p> <p>-An act of kindness</p>	<p>-Harold's picnic</p> <p>-How safe would you feel?</p> <p>-What should Harold say?</p> <p>-I don't like that!</p> <p>-Fun or not?</p> <p>-Should I tell?</p> <p><i>To know that it is illegal to create and</i></p>	<p>-Getting on with others</p> <p>-When I feel like erupting</p> <p>-Feeling safe</p> <p>-Playing games</p> <p>-Harold saves for something special</p> <p>-Harold goes camping (OPTIONAL)</p> <p>-How can we look after our environment?</p>	<p>-You can do it!</p> <p>-My day</p> <p>-Harold's postcard</p> <p>- helping us to keep clean and healthy</p> <p>-Harold's bathroom</p> <p>-What does my body do?</p>	<p>-A helping hand</p> <p>-Sam moves away</p> <p>-Haven't you grown!</p> <p>-My body, your body</p> <p>-Respecting privacy</p> <p>-Some secrets should never be kept</p>



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	<p>-Types of bullying -Don't do that! -Bullying or teasing? (OPTIONAL)</p> <p><i>To know strategies to solving friendship issues.</i> <i>To know the term 'negotiate' means to reach a beneficial outcome for both parties involved.</i> <i>To know that there are three types of touch – appropriate, inappropriate and illegal.</i></p> <p>Events: Black History Month</p>	<p>-Solve the problem</p> <p><i>To know that all people are unique.</i> <i>To know ways of showing respect to others including verbal and non-verbal.</i> <i>To know that there are benefits to living in a diverse society.</i> <i>To know that 'prejudice' means to pre-judge someone.</i></p> <p>Events: Anti – Bullying Week</p>	<p><i>share sexual images of under 18's.</i> <i>To know that drugs can be medical and non-medical.</i> <i>To know the basic laws in relation to drugs.</i></p> <p>Events: LGBT+ History Month Events: Mental Health Week</p>	<p><i>To know that money can be saved through: ISAs, pensions,</i> <i>To know that environmentally sustainable living includes using less single-use plastics, using renewable energy and recycling household waste.</i></p>	<p>-My body needs... (OPTIONAL) -Basic first aid</p> <p><i>To know how a high risk can be reduced</i> <i>To know that risks can be physical and emotional</i> <i>To know that aspirational goals can be set to achieve in life.</i></p>	<p><i>To know that puberty is when a child's body begins to develop and change as they become an adult.</i> <i>To know the physical changes, both boys and girls experience during puberty (develop breasts, deeper voice, testicles develop, sweat and spots, periods, facial hair)</i> <i>To know the emotional changes, both boys and girls experience during puberty (Hormones)</i> <i>To know when a secret needs to be confidential or shared with a trusted adult</i> Events: Pride Week</p>
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