

5 O'clock Club – Example Snack Menu



Children will be offered a light snack each day, alongside a piece of fresh fruit.

Options may vary depending on availability, allergies, and dietary needs.

Examples of Snacks:

- Bagels with cheese, ham, or chicken
- Croissants with cheese, ham, or jam
- Cheese rolls or sausage rolls
- Wraps with ham, chicken, or salad fillings
- Mini sandwiches (cheese, ham, tuna, or chicken)
- Toasted paninis with cheese or ham
- Mini pizzas or savoury pasties
- Cold chicken bites such as nuggets or poppers
- Cheese and crackers
- Vegetable sticks (pepper, cucumber, carrot) served with dips

Fresh fruit is always available.

