



The Alfie Informative



Friday 12th May 2023

Issue 30

Born on March 11th, at half past six in the evening
Alfred George Dennison, a tiny bundle, so endearing
At 7lbs.13oz, you came into this world
A precious little baby boy, with toes and fingers all curled

Now you've grown up so much, with strength beyond your years
You've fought through hard times, with courage that brings tears
Alfie, young boy, you're a true warrior, it's clear
And we're so grateful to have you with us, so very dear

You started your treatment way back when, we put you to the test
And though it wasn't easy, you always did your best
You've been to different hospitals, met some nurses too
Like Caroline and Esther, who always cheered for you

1183 days of chemo, that's a lot to bear
But you did it all, Alfie, with so much love and care
We can't wait to see you now, free from any pain
Playing, laughing, running, under the sunshine and the rain

But you've shown us all, what true strength really means
You've fought through the toughest times, still full of beans
Through all the medicine, you've had to take and endure
You've always kept your spirits up, with a smile so pure

We have always been impressed, speeding in on your mum's bike
Nothing will stop that high attendance, you won't stop that fight
You never let anything get you down, some won't even know
The battle you've been having, but you haven't been alone

We know it wasn't easy, for you or for your family
But you've faced each obstacle, with strength and bravery
There were tough times, but now they're gone, your chemo's finally done
You've strung your beads of courage, and you've counted everyone

There were tough times for your family, that's true
Four long months of waiting for a diagnosis, and then isolation too
Your daddy had to live in a caravan outside
So, he could keep working and stay by your side

So, hey Alfie, little warrior, you're an inspiration to us all
Keep shining, keep smiling, and always standing tall!
Now that you've finished your treatment, it's time to heal and grow
To become the strongest and happiest boy we'll ever know
We're so proud of you, Alfie, for all that you've been through
And we can't wait to see all the amazing things you'll do!



Written by Mr O'Shea 11.05.23

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to Alfie, with love



The Infant Informative



Today we had the most amazing special assembly for one of our children. The assembly theme was resilience, something that Alfie in year one has in abundance. The children were so happy for him and really understood that things in life are not always perfect, but that doesn't mean we just give up and move on - we process, take a deep breath, think things through and then find another way. Well done again, Alfie.

In other news, do you know someone who runs a club for adults or children in the evening? Our school hall can accommodate large groups and is available to hire out in the evenings - some much needed additional income for the school. Please spread the word.

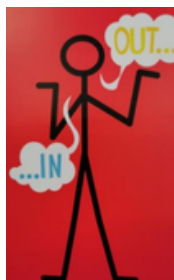
This week I joined year 2 at the zoo. Of course, the moment the children got off the coach they asked if it was lunch time yet? Not quite. They are such a funny bunch. My personal favourite quotes from the trip:

- *Look! They have wild pigeons in with the rhino*
- *Wow, I've seen two woodlouse already*
- *We should have a school snake and maybe a hamster, would they get along?*

They were so well behaved and had a fabulous time! I can imagine they were very tired when they got home.

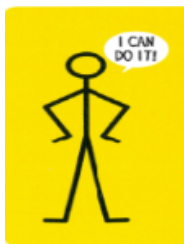
Have a great weekend. Mr O'Shea

TRICK BOX



Stand Tall

If we feel worried, nervous or scared, we can Stand Tall and say 'I can do it'



Mirror mirror

Speak about the positive things you can say or do



Floating cloud

Tense your body and then release, so that you can feel the difference in your body



Magic Circle

Make a magic circle with your thumb and finger.

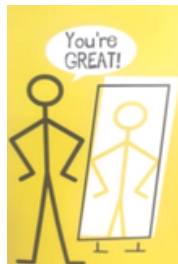
Breathing Colour

Helps us to breathe correctly through the nose to achieve a more relaxed state



Big voice

Use your 'big voice' and believe in yourself



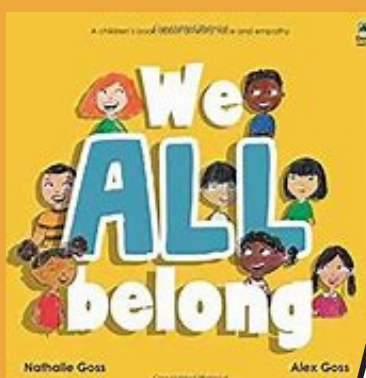
Sunny side

When something seems bad, find a sunny side



A message from our Assistant Headteacher
Miss Saunders

This week's recommended read is *We all belong* by Nathalie Goss and Alex Goss for no other reason than that it is a beautiful book about accepting others, and more importantly ourselves, exactly as we are!



DIARY DATES

- New Reception 2023 Parent Meeting 17th May @ 19:30
- Reception School Trip 23rd May
- Special surprise in school for all children 25th May
- Class photos 6th June
- Reception Pirate's Day 16th June
- Summer Fun Day 1st July
- INSET Day 7th July

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NUR

This week we have continued our learning on plants and growing, exploring the story of **The Enormous Turnip** a little more. The children have enjoyed retelling the story on our stage outside, using masks to act as the characters in the story. We have been weighing vegetables this week, using the vocabulary of 'heavier' and 'lighter' and exploring how balance scales work. Outside, the children have ordered vegetable numbers 1-10, pegging them on the washing line, and of course are still enjoying the water area and the messy fun within the mud kitchen.

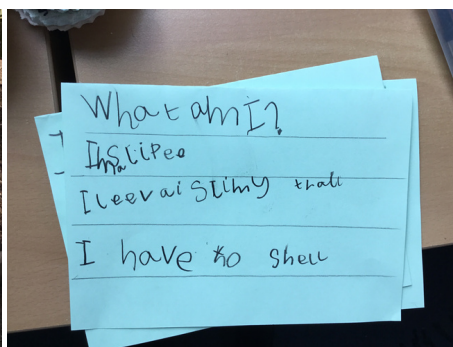


We have been **Mad about Minibeasts** this week focussing around our story of the week.

REC

We have been on minibeast hunts, learnt about habitats, created our own minibeasts in different ways and written some brilliant "who am I?" riddles. We have enjoyed learning about and playing with (toy) minibeasts in pretend habitats as well as classifying them. We have read a variety of minibeast books – fiction and non-fiction.

We have recapped our phase 3 sounds in phonics as well as learning the new HRS words – were, out and like. In maths we have started looking at addition by counting on – practicing this with people on a bus and by playing games. In PSHE we have been focussing on stranger danger, ready for our school trip.



This week in KS1 we have...

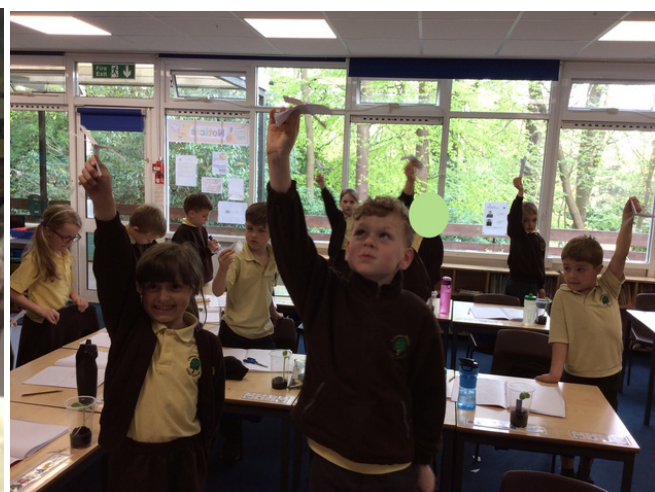
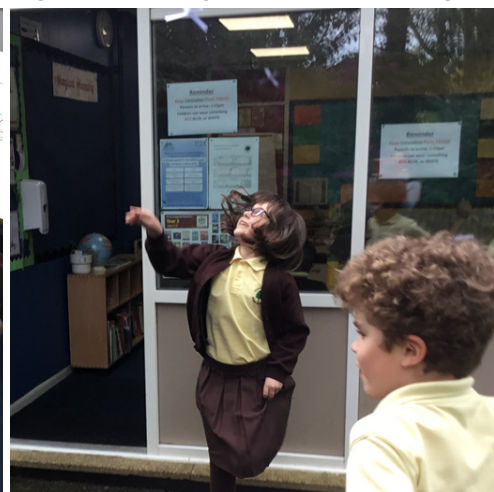
Y
E
A
R
1

Following the excitement and celebration of the Coronation weekend, the Year 1 children have been enhancing their King Charles III factual booklets using features of non-fiction books. After reading **The Gruffalo** story to the children they have written about how to attract a Gruffalo using the knowledge they learnt. In the woods they have placed orange lanterns and spiral snakes they made to attract the Gruffalo checking for signs that he may have visited. The next day there was some dark brown fur on the tree!! During Maths this week the children have been learning about fractions, to find halves and quarters of shapes, objects and quantities. As part of the geography lesson the focus has been on Northern Ireland - the flag, its capital city, surrounding seas, oceans and significant landmarks. Following on from our work on plants in Science, observations of a range of flowers have been made to explore the question 'Do all flowers have five petals?' The children have been excited to use watercolours to make circular porthole beach pictures in Art with pleasing results. In PSHE their prior knowledge of the world around them has been explored for our new topic 'Our World'.



Y
E
A
R
2

Year 2 have crammed so much learning into this rather short week! We started the week incredibly excited for our Marwell Zoo trip. We were so lucky that it didn't rain all day and the coach journeys went smoothly! The animals we saw were fantastic to watch. Some of the animals we saw were majestic giraffes, powerful okapi, adorable meerkats, and a solitary snow leopard. It was a wonderful day. Thank you so much to all of our helpers in the preparation and running of the day. Our English writing has been centred around our trip and we have thought of our own exclamation sentences based on our experience. In maths we have revised methods for solving addition and subtraction calculations. As you can see, we had great fun creating and testing our own helicopter seeds to help us understand the different types of plant seed dispersal. During DT we have created mock ups of our healthy wrap using a range of materials. We are really looking forward to creating the real thing with our chosen ingredients next week.



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PTA news, events & clubs

Thank you to everyone who supported our refreshment stall at the Coronation picnic last week, both selling and buying! We raised nearly £400, which will be split with the junior school.

Summer Fair - 1st July

Early Bird tickets now ON SALE! <https://www.pta-events.co.uk/cris/>
Please volunteer to help out on the day - we can't run all the stalls and games without your help!

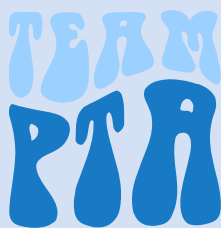
Family Camping - Saturday 15th July

Tickets go on sale next week!

Do you shop online?

Sign up to support us on Shop&Give and we will receive a free donation when you shop online via their site. Join to support us here:

<http://shopandgive.thegivingmachine.co.uk/causes/crawley-ridge-infant-school>



CLUBS

Monday	Tuesday	Wednesday	Thursday	Friday
Playball Reception, Year 1 & 2 3pm - 3.45pm	Playball Year 1 & 2 3pm - 3.45pm	Hotsteppers Dance Year 1 & 2 3pm - 3.45pm	Ultimate Coaching Year 1 & 2 Dodgeball 3pm - 4.15pm	Ultimate Coaching Year 1 & 2 Football 3pm - 4.15pm
Jam Coding Year 1 & 2 3.05pm – 4.00pm	Yoga Reception, Year 1 & 2 3pm – 4pm	Playball Reception 3pm-3.45pm	Boogie Pumps Drama Reception, Year 1 & 2 3pm – 4pm	

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You might be interested in...



The children and young people's emotional wellbeing and mental health service



Surrey and Borders
Partnership
NHS Foundation Trust

Mental Health Awareness Week 2023 - Parent Webinars

As a Mental Health Support Team, we are offering a variety of webinars this mental health awareness week. Each webinar will take place online, via Microsoft Teams and last approximately one hour. To sign up, and receive the meeting link, please click or scan the QR code or click on any of the descriptions below to complete the sign up form. Please note, sign up closes on 12th May at 4pm, when invites will then be sent.

Click or scan
the QR code



The Teenage Brain & Emotional Regulation: Monday 15th May, 9.30am, 6.30-7.30pm.

- Changes in the teenage brain
- How this affects emotional wellbeing, behaviour and regulation

Managing big emotions and anger: Monday 15th May, 9.30am, 6.30-7.30pm

- Why our children struggle to manage big emotions
- Supporting your child with big emotions

Anxiety: Tuesday 16th May, 9.30am, 6.30-7.30pm

- Symptoms and signs of anxiety
- Supporting your child with anxiety

Low Mood: Wednesday 17th May, 9.30am, 6.30-7.30pm

- Symptoms and signs of low mood
- Supporting your child with low mood

Body image and self-esteem (Secondary): Thursday 18th May 9.30am 6.30-7.30pm

- Pressures young people face
- Supporting your child's self-esteem and body image

Friendships, self-esteem and confidence (Primary):

Thursday 18th May 9.30am, 6.30-7.30pm

- Importance of friendships
- Supporting your child with positives friendships and challenges

Children's health in the digital age: Friday 19th 9.30am

- Social media and emotional wellbeing
- Sleep and healthy eating

Webinars for children: We are also offering a webinar Mon-Thursday for secondary school age children. Please see the offer here:

<https://forms.office.com/e/sTWkms43T4>

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You might be interested in...

Proud to be part of
Mindworks
Surrey

The children and young people's emotional
wellbeing and mental health service

NHS
Surrey and Borders
Partnership
NHS Foundation Trust

Mental Health Awareness Week 2023 - Student Webinars

Click or scan
the QR code

As a Mental Health Support Team, we are offering a variety of webinars this mental health awareness week. Each webinar will take place online, via Microsoft Teams and last approximately one hour.

Please use the QR code to sign up to receive the invite link via email.. you are welcome to sign up to multiple webinars.



Understanding your Emotions:

Monday 15th May, 5-6pm

- Changes in the teenage brain
- How this affects emotional wellbeing, behaviour and regulation
- Ways to manage big feelings and overwhelming emotions

Anxiety:

Tuesday 16th May, 5-6pm

- Symptoms and signs of anxiety
- When anxiety is normal, when to get help
- Skills to learn to manage anxiety



Low Mood:

Wednesday 17th May, 5-6PM

- Symptoms and signs of low mood
- Skills to help improve your mood



Body Image:

Thursday 17th May 5-6pm

- Why we might feel the need to look a certain way
- Images in the media
- How to improve self-esteem and view of self



Clarification on
signs and
symptoms was
well presented

I found it helpful to
learn about positive
and negative thinking
patterns

The workshop gave
lots of ideas to try to
deal with anxiety



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